



My name is Mark Sands and I am a certified, professional firearms instructor. Before my retirement as a Lexington Police Officer, I was the Emergency Response Unit (SWAT) Coordinator. In this position, I was responsible for training all team members in handgun, shotgun, MP5 submachine gun, patrol rifle, and precision rifle.

My specialty is teaching private firearms lessons to students with novice to experienced level shooting skills. I started teaching firearms in 1975 and since then I have enjoyed improving the shooting skills of thousands of police, military, and civilian students.

If you would like to become a more knowledgeable, safer, and proficient shooter, please contact me and I will send you the information that describes the specifics of taking private firearms lessons with me. Please leave a message if I am not immediately available by phone. I will return your call as soon as possible. Thank you and I look forward to hearing back from you.

MARK SANDS

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